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PRESCRIPTION NAME: Mid Potency Steroid Cream (Triamcinolone acetonide 0.1%, niacinamide 4%)

COMMON USES: This cream is used to treat skin inflammation and rashes.

BEFORE USING THIS MEDICATION: Tell your provider if you have an allergy to triamcinolone, niacinamide or any other part of this drug. Tell your provider about the allergy and what symptoms you had (rash, hives, itching, shortness of breath, wheezing, cough, swelling of face, lips, tongue or throat or any other signs).

WHAT DOES THIS MEDICATION DO?: This medication contains two active ingredients. Triamcinolone acetonide and niacinamide both reduce the redness, scaling, burning, itching of inflamed skin and skin rashes.

HOW TO APPLY THIS MEDICATION: Use this medication as instructed by your provider. Cleanse skin prior to application of cream and pat dry skin. Apply a thin layer of cream on the affected areas of skin twice a day, or as directed by your provider. Do not use this topical medication continuously without taking a break for longer than 2 weeks. Continuous use of this medication without taking a break can cause thinning of the skin, permanent stretch marks, pimples, slow wound healing, hair growth, changes in color of the skin.

COMMON SIDE EFFECTS: May cause stinging, burning or dry skin. Use of other skin products while using this medication may cause more irritation.

IMPORTANT INFORMATION:

- Advised your provider of all medication you are taking to avoid any reactions.
- If you have an allergy to triamcinolone, niacinamide or other part of this medication, tell your provider.
- Do not use on face, underarms or groin areas of skin unless instructed by your provider.
- Do not use tight fitting diapers or plastic pants if treated part of skin in the diaper area. This may cause more of medication to get into the body.
- Discuss with your provider on medication use if you become pregnant or are breastfeeding. You will need to talk about the benefits and risks to you and the baby.
- Use caution when applying on large parts of the skin where there are open wounds.
- Do not swallow this medication. If swallowed call provider or poison control center immediately.

SERIOUS SIDE EFFECTS: Even though it may be rare, some patients may have very bad and sometimes serious side effects when taking a medication. Tell your provider if you have any of the following signs or symptoms of an allergic reaction such as a rash, hives, swelling, blistering, wheezing, tightness in the chest or throat, trouble breathing or swallowing, unusual hoarseness, swelling of the mouth, face, lips, tongue, or throat. Application of the medication over large areas of the skin can result in elevated blood sugars, weakening of your adrenal gland, and Cushing's disease. Signs of high blood sugar include confusion, feeling sleepy, more thirst, hunger, passing urine more often, flushing, fast breathing, or breath that smells like fruit. Signs of weak adrenal gland includes very bad upset stomach, throwing up, dizziness muscle weakness, feeling very tired, mood changes, or weight loss. Signs of Cushing's disease include weight gain in the upper back or belly, moon face, very bad headaches, or slow wound healing. This medication may affect growth in children and teens in some cases of long-term use. Avoid use around the eyes as this may be associated with increased eye pressures.

If any skin reactions happen, let your provider know. If you have any questions, please call our office at 412-429-2570.