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## PRESCRIPTION NAME: Alopecia Topical Solution (Minoxidil 7%, Niacinamide 4%)

**COMMON USES:** This solution is used to treat male or female pattern hair loss.

**BEFORE USING THIS MEDICATION:** Tell your provider if you have an allergy to minoxidil, niacinamide or any other part of this drug. Tell your provider about the allergy and what symptoms you had (rash, hives, itching, shortness of breath, wheezing, cough, swelling of face, lips, tongue or throat or any other signs).

**WHAT DOES THIS MEDICATION DO?** This medication contains two active ingredients: Minoxidil and niacinamide. Minoxidil applied topically to the scalp can increase the size of hair follicles and extend your hair's natural growth cycle. Niacinamide is utilized as a medicine to decrease inflammation.

**HOW TO APPLY THIS MEDICATION:** Cleanse hair and scalp and pat dry prior to application of solution. Using the dropper, apply several drops (one mL) of the solution twice a day directly onto the scalp in the hair loss area, or as directed by your provider. If using at night, allow solution to dry on your scalp prior to placing your head on your pillow to prevent the spread of the solution from your pillow to other parts of your face.

**COMMON SIDE EFFECTS:** May cause stinging, burning or dry skin. Use of other hair products while using this medication may cause more irritation. May cause unwanted hair growth if applied to non-intended treatment areas, such as the forehead. May cause changes in hair color or hair texture.

## **IMPORTANT INFORMATION:**

- Advise your provider of all medications you are taking to avoid any reactions.
- If you have an allergy to minoxidil, niacinamide or other part of this medication, tell your provider.
- Avoid use on the face, nose, or eyes. Apply only onto scalp. Using more solution or more often than directed by your provider will not improve results.
- This medication may take up to 4 months to see full effect, if any, of hair regrowth. Continued use is necessary to increase and keep your hair regrowth, or hair loss may resume again.
- If not seeing hair regrowth or thickening in 4 months, discontinue use.
- Inform your provider if you have had a sudden hair loss that is patchy or associated with red scaly areas.
- Only use in patients 18 years of age or older. Do not use on children, unless instructed by your provider.
- Do not use if you do not know the cause of your hair loss or if you do not have a family history of hair loss.
- Discuss with your provider on medication use if you become pregnant or are breastfeeding. You will need to talk about the benefits and risks to you and the baby.
- Do not apply to swollen, infected, irritated or painful skin.
- Do not swallow this medication. If swallowed call provider or poison control center immediately.

**SERIOUS SIDE EFFECTS:** Even though it may be rare, some patients may have very bad and sometimes serious side effects when taking a medication. Tell your provider if you have any of the following signs or symptoms of an allergic reaction such as a rash, hives, swelling, blistering, wheezing, tightness in the chest or throat, trouble breathing or swallowing, unusual hoarseness, swelling of the mouth, face, lips, tongue, or throat. Stop use and inform your provider if one of these rare symptoms occur: chest pain or chest pressure, fast heart rate, dizziness, lightheadedness, weight gain, or swelling in the arms and legs.

If any skin reactions happen, let your provider know. If you have any questions, please call our office at 412-429-2570.